Ixworth Surgery News March 2023

Ixworth Surgery has now joined the Blackbourne Primary Care Network (PCN) which includes Woolpit, Botesdale and Stanton Surgery. With Ixworth joining it now has a combined patient list size of 38,700. The practices are still individual business entities which will work collaboratively. Using the combined patient list means we get additional funding and can offer services that might not be available on a practice level.

The practice offers pre-booked appointments between 7-8 am on Tuesday Mornings and between 6:30-8pm on Wednesday and Friday Evenings. Please note there will be No walk-in service available during this time. We can also offer Saturday Afternoon appointments, via GP+, in Bury St. Edmunds, Eye & Stowmarket.

Alas, did not attend rates continue to be a concern. Last month there were:

- 17 missed appointments with GPs
- 10 missed appointments with Nurse Practitioners
- 23 missed appointments with Practice Nurses.

This equated to 12 hours and 45 minutes of wasted appointment time. If you are unable to keep your appointment please contact the surgery on 01359 230252 to cancel it in advance. There is a dedicated line to leave a message to cancel your appointment. We can use your cancelled appointment even at short notice. Your help in this matter would be greatly appreciated.

Ixworth Surgery patients have been participating in the "Active Brains" research study being run by the University of Southampton. Active Brains is a study for people aged 60-85 designed to help with lifestyle changes and brain training activities that can help to keep the brain and body healthy. So far, there has been very good response from Ixworth patients. As such, the study team have contacted us to ask us to invite a second group of patients to participate. We will be sending out invites to a cohort of patients in the near future. No personal information will be given to the research team until the patient consents to participate in the study.

From Josh Williams, Practice Manager